



SCRIPTURE FOUNDATION

1 Peter 5:2 (NLT): *"Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly—not for what you will get out of it, but because you are eager to serve God."*

A Christian Spiritual mother is often seen as a nurturing and guiding figure within the faith community. She embodies qualities such as wisdom, compassion, and a deep sense of faith. Her role is to provide spiritual guidance, support, and encouragement to others, helping them grow in their relationship with God. She is someone who prays for and with others, offers counsel based on biblical principles, and serves as a role model of Christian living.

WHAT TO EXPECT FROM ME

Trustworthiness: Establishing trust and confidentiality is fundamental. You can rely on me and feel safe sharing your personal and spiritual journey.

Empathy: I will endeavour to understand your feelings and provide genuine support and guidance.

Spiritual Maturity: With a strong spiritual foundation, I will guide you through Scripture and prayer.

Practical Wisdom: I will share practical advice and strategies for overcoming challenges in ministry and personal life.

Shepherding Tools: I will equip you with essential skills such as communication, conflict resolution, and team building for your development.

Encouragement: I will offer consistent encouragement, pointing you back to God's promises and plans, helping you maintain motivation and faith.

Reflective: We will celebrate your progress and reflect on lessons learned, recognizing growth and areas for improvement.

It's important to understand that I am not a professional counsellor or psychologist. I am a support Pastor at C3 Powerhouse church, Queensland Australia and have been for over 18 years. I have worked as a Chaplain in a high school and a classroom teacher. With Brendon my husband we have ministered in hundreds of churches throughout the world, in 32 nations.

WHAT I WILL PROVIDE

- **Relationship Building Activities:** To establish trust between us and define expectations of our time together.

We will start with a discovery session to understand your personal story, spiritual journey, and ministry goals.

ABOUT YOU - QUESTIONS AND ACTIVITIES

Tell me your Salvation story
Describe you family of origin
Immediate family members drawing
Self-beliefs – I am statements
Key Life scripture/s

- **Spiritual Focus**
 1. **Focus on Scripture that speaks to your current challenges and growth areas:** We will delve into specific Bible passages that address the issues you are currently facing and areas where you seek growth.
 2. **Share relevant Bible verses and discuss how they can be applied to ministry and daily life:** We will identify and discuss Bible verses that are pertinent to your ministry and personal life. This will help you understand how to integrate biblical principles into your daily activities and decisions.
 3. **Pray together during every session to seek divine guidance and strength:** Prayer is a powerful tool for seeking God's guidance and strength. We will dedicate time in each session to pray together, asking for divine wisdom and support in your journey.
- **Tackle Personal Challenges**
 1. **Provide practical advice and wisdom for overcoming obstacles in ministry and personal life:** I will share practical strategies and advice to help you navigate challenges in both your ministry and personal life. This includes tips on time management, stress reduction, and maintaining a healthy work-life balance.

2. **Share my own experiences and how God has helped me navigate similar challenges:** By sharing my personal experiences and how God has guided me through similar challenges, I hope to provide you with relatable insights and encouragement.
3. **Offer support and encouragement, reminding you of your divine purpose:** I will be here to support and encourage you, reminding you of your divine purpose and the unique calling God has placed on your life.

- **Ministry Development**

1. **Help you develop skills such as communication, conflict resolution, and team building:** We will work on developing essential leadership skills that are crucial for effective ministry. This includes improving your communication abilities, learning conflict resolution techniques, and building strong, cohesive teams.
2. **Share strategies and insights tailored to your ministry role:** I will provide you with leadership strategies and insights that are specifically tailored to your role in ministry. This will help you lead with confidence and effectiveness.
3. **Offer tools and resources like books, podcasts, or workshops for further development:** I will recommend various tools and resources, such as books, podcasts, and workshops, that can further enhance your leadership skills and knowledge.

- **Reflection**

1. **Dedicate time for reflective conversations on how God is working in your life and ministry:** We will set aside time to reflect on how God is moving in your life and ministry. This will help you recognize and appreciate His presence and guidance.
2. **Celebrate your progress and milestones:** Celebrating your achievements and milestones is important for maintaining motivation and acknowledging the hard work you have put in.
3. **Discuss lessons learned from successes and failures:** We will discuss the lessons you have learned from both your successes and failures. This will help you grow and improve continuously.

- **Ongoing Support**

1. **Offer consistent encouragement, pointing you back to God's promises and plans:** I will provide ongoing encouragement, reminding you of God's promises and plans for your life. This will help you stay focused and motivated.
2. **Stay available as a resource and sounding board beyond the formal mentoring timeframe:** I will be available to you as a resource and sounding

board even after our formal mentoring sessions have ended. This ensures that you have continuous support.

3. **Pray for you regularly:** I will commit to praying for you regularly, seeking God's guidance and blessings for your life and ministry.

- **Sharing Resources**

1. **Provide practical ministry aids, YouTube, books, podcasts:** I will share various practical ministry aids, such as YouTube videos, books, and podcasts, that can help you in your ministry.
2. **Introduce you to networks or communities for collaboration and support:** I will connect you with networks or communities that can provide additional collaboration and support, helping you build a strong support system.

WHAT I EXPECT FROM YOU

- **To be on time:** Punctuality is crucial as it shows respect for both our time and the commitment we have made to this process. Being on time ensures that we can make the most of our session without any interruptions or delays.
- **Be in a room that is private:** Privacy is essential for our sessions to ensure that you feel comfortable and secure in sharing your thoughts and feelings. A private space allows for open and honest communication without the fear of being overheard or interrupted.
- **Open and willing to share your heart and mind:** Your openness and willingness to share are vital for the success of our sessions. By being honest and transparent about your experiences, thoughts, and feelings, we can work together more effectively to address your needs and goals.

What to bring to the session:

- **One good report from what was implemented from our last session:** Sharing a positive outcome or progress made since our last session helps us to celebrate your achievements and understand what strategies are working well for you.
- **One challenge that you have had since our last session:** Discussing any difficulties or obstacles you have encountered allows us to address them together and find solutions to overcome them.
- **What you would like to address while being together:** Identifying specific topics or issues you want to focus on during our session ensures that we make the most of our time together and address your most pressing concerns.

CONTACT CATHIE FOR MORE INFORMATION: cathie@theclancys.com.au